

Sobriety Sentinel

Website: <http://tricityaa.org/> Phone: 636-970-0013

Welcome!
There is a solution



July 2019
SobrietySentinel@gmail.com

STEP 7

“Humbly asked Him to remove our shortcomings.”



Intergroup

Open Service Positions:

Literature Committee Chair

Please submit any open service positions to the Sobriety Sentinel

Humility in Sobriety

So what does a humble person look like today? How does a person who has genuine humility walk and talk today? How can we recognize the precious sobriety sustaining quality of “humility” that Bill Wilson was trying to convey when he pointed to it “as the foundation of each of AA’s 12 steps?”

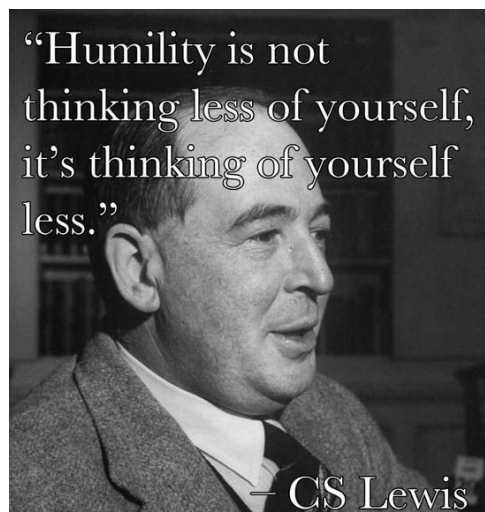
According to several dictionaries, the definition of a person displaying humility is one who acts “stable, steady, calm, patient, open-minded, nonjudgmental, temperate and realistic.” Certainly, no one can reasonably argue with this long litany of desirable character traits. All of these

demonstrations of humility possess great merit. Yet none of these descriptions of a humble person mention the “essential ingredient” or “essence” of all humility, which Bill Wilson carefully points out, is “the desire to seek and do God’s will.”

In the 12 steps, “...the desire to seek and do God’s will” is the essential ingredient. Over time, unless the word humility is enlarged in Alcoholics Anonymous’ lexicon, the essential, sobriety sustaining notion that seeking the will of God is the most important ingredient in the 12 step recipe for recovery may be lost. Unless, the essential concept of “humility” is clarified and enlarged in modern AA culture, this vital glue will become lost in translation. In a nutshell, humility is the honest desire to seek and do God’s will; nothing more and nothing less.

Andy J. – April 2016, *A Discovery Place*

“Humility is not thinking less of yourself, it’s thinking of yourself less.”



– C.S. Lewis



TRI-COUNTY AA PICNIC



(District 14, 19 & 20)

SATURDAY, AUGUST 17, 2019

Old Town St. Peters Park

11:30 AM to 5:00 PM



**FREE HAMBURGERS, HOTDOGS, BRATS,
SALADS, DESERTS AND DRINKS SERVED
AT 12:00 PM**

**Please Bring a Side Dish
*Groups Get Your Donated Baskets
Together for a Fun Raffle!***

Kids Activities: Playground, Face Painting, Water Balloons
Big Kid Activities: Horseshoes, Softball & Washers

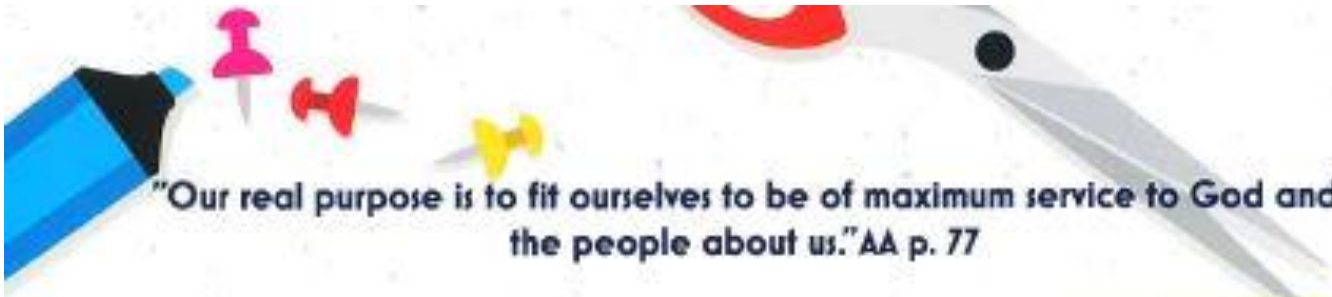
AA & Al-Anon Speakers @ 3:30 PM

50/50 Drawing & Basket Raffle @ 4:30 PM


For Information or to donate a basket call John A. (314) 583-7074

Bring your lawn chairs and baseball equipment!






"Our real purpose is to fit ourselves to be of maximum service to God and the people about us." AA p. 77



HOW IT WORKS: INSIDE THE SERVICE STRUCTURE OF AA



WORK → SHOP



9-14-2019

11 to 4:30 p.m.

Chapel of the Cross Lutheran Church

907 Jungermann Rd, St Peters, MO 63376

Sponsored by Districts 14, 19, 20 & Tri-County

**Three Breakout Sessions: The Group,
The District, and The Area**

Lunch & Babysitting will be Provided

AA Attendance Prizes

Handicap Accessible

**RSVP to Gretchen J @ (314) 550-8872 or
Jan C. @ (636) 219-5878**



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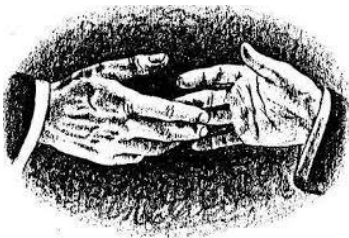
Seeking to Serve?

Tri-County Intergroup
in need of a
Literature Committee
Chairperson

If interested, call

Julie S.

314-409-5492



GROUP 5

Since 1943

Oldest meeting in
St. Charles County!

Come share your
experience, strength and
hope around a table.

Friedens

United Church of Christ

Thursday @ 7:00 pm
1703 S. Old Highway 94
St. Charles

June Birthdays

Group 124

Mike Q. 38 Years

Group 164

Chrissy M. 1 Year
Michelle B. 7 Years
Bill B. 32 Years
Alan B. 15 Years
Kathy B. 27 Years

Group 4094

Billie C. 28 Years

Check It Out!

CHUCKYPAA

Waffles & Coffee Breakfast Potluck



Where: 212 Club

When: 1st Sunday of the month @ 10:30 am

204 West Pitman Street

Suite G

O'Fallon, MO 63366

Suggested Donation \$6

