

# Sobriety Sentinel

Website: <http://tricountyaa.org/> Phone: 636-970-0013

Welcome!  
There is a solution



December 2018  
[SobrietySentinel@gmail.com](mailto:SobrietySentinel@gmail.com)

## STEP TWELVE

*“Having had a spiritual awakening as a result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs”*

The second part of the 12th step is about carrying the message of recovery to other people. This is not because AA is a cult, it's because “we keep what we have by giving it away.” To keep it simple, when we work with others, our lives change. So, we don't help another alcoholic because they're sick—we help another alcoholic because we are sick, and part of our recovery is that we need to be helping others.

The most important things to remember about this part of the AA Step 12 are:

- The Twelve Steps are a program of attraction, not promotion. We lead by our own example, so talk to people



when they are ready and when the time is right they'll ask: “How can I get what you've got?”

- Keep your message for the person who's dependent on alcohol to what it was like for you, the result of your steps, and that you have not gotten drunk.
- When talking to a newcomer, let go of labels and referring to them as alcoholics. Truthfully tell your story and let other people decide if it rings true for them.

Sometimes carrying the message can be as simple as making sure that there is a warm, caring, non-judgmental place for other alcoholics to come back to and a hand shake or hug that says “We're here for you—come on in—and keep coming back!”

The beauty and eloquence of AA Step 12 is part of many promises of working the A.A. program. Life really does take on new meaning when watching people recover, seeing them help others, and watching loneliness vanish. Frequent contact with newcomers, and with each other, is the bright spot of our newfound lives.

**Jason Wahler – January 2017**

### Intergroup

#### Open Service Positions:

- Tri-County Intergroup Chair
- Tri-County Intergroup Alternate Chair
- Tri-County Intergroup Secretary

Please submit any open service positions to the Sobriety Sentinel

## A.A. Oldtimers...On the Twelvth Step

*A.A. Grapevine, October 1945, Vol. 2 No. 5*

EDITORIAL: ON THE 12TH STEP . . .

Very few of us know the exact hour and date we had our spiritual experience, and some of us are not conscious of ever having had one at all. However, our changed personalities and perspectives are definite proof that "something" happened to us somewhere along the line as those who knew us "when" will attest.

A.A.s refer to the 12th Step as "working with others," and this means we try to help the other person work out his or her problem. From our vast fund of knowledge on the subject, gained from our own actual experiences and often under similar conditions, we are peculiarly qualified to exercise that sympathetic understanding that only another alcoholic can have and which is so important in talking to a person who, like ourselves, is allergic to alcohol. This is the crux of the success obtained by groups throughout the country. This A.A. program, which is responsible for our own sobriety, and for giving us a new lease on life, was handed to us on a silver platter and without monetary cost. It is our bounden duty, therefore, to pass it on in the same manner to those who want it. It was not intended for us to keep to ourselves.

It is sometimes discouraging to talk to a person who does not immediately respond to our "pearls of wisdom," but right there is where we exercise patience and realize that once the seed has been sown, John Barleycorn is our best salesman. Two years ago O.L. was called upon in New York City and after three or four meetings considered himself "cured," and in no further need of association with the A.A. group. Last week I was called to a hospital here in Atlanta, to interview a patient who turned out to be my old friend O.L. who had sense enough to scream for A.A. and was now "ready" for the entire program. None of us can let our defenses down, for unless we keep everlastingly at it we are doomed.

**T. B., Atlanta, Georgia**



"Don't you just love the holidays?"

## TRADITION 12

*“Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.”*

1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to *me* if AA as a whole disappeared?
2. When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
3. In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
4. Do I ever try to get a certain AA group to conform to *my* standards, not its own?
5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is *my* part?
6. Does my personal behavior reflect the Sixth Tradition—or belie it?
7. Do I do all I can do to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
8. Do I complain about certain AAs' behavior—especially if they are paid to work for AA? Who made *me* so smart?
9. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
10. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
11. Is my brand of AA so attractive that other drunks want it?
12. What is the real importance of *me* among more than a million AAs?



## Save the Dates

Effective 1-1-2019

Group 976 is moving!!!  
Beginning in January

Women's Closed Big Book  
meeting is moving, but not far.



New Location:  
ARCH  
508 Jefferson St  
Saint Charles, MO 63301

## November Birthdays

### Group 124

Wayne L.	29 Years
Patrick M.	24 Years
Terry F.	9 Years

### Group 1103

Natalie P.	6 Months
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### Group 979

Bob S.	24 Years
Monica R.	1 Year
Steve M.	6 Months

Districts:

14,19,20

38th Annual

# Alcathon New Years Eve Celebration

December 31st, 2018

7:00p.m. to Midnight

Sts. Joachim & Ann

4116 McClay Rd

St Charles 63304

**FREE  
ADMISSION!**

Fried Chicken, all the fixings,  
dessert and  
beverages provided!

Basket Raffle



Family Friendly Event

Party Hats & Beads

Sobriety Countdown

Alanon & A.A. Speaker

speakers start at 8:00 p.m.

Music and Sober Celebration  
after the Speakers.

Baskets NEEDED for raffle.

For more information

call John A. 314-583-7074 OR Patty R. 636-699-2136

